

56 Lyman Ave.
Woodbury, Nj 08096
E-mail:tfallon758@aol.com
Tel: (856) 848-9490

Dear Pimon,

Thank you so much for granting me the extension for my project concerning the Fulbright-Hayes Seminars Abroad program entitled **Gateway to Southeast Asia Heritage**.

As I may have mentioned earlier, I was asked to teach a college course in ancient world cultures for the first time. I was overwhelmed by the amount of reading I had to do and materials I needed to create. I was spending every waking moment working on my college curriculum for which know my regular classroom activities suffered a little but, after teaching it for 35 years that segment of my life could pretty much run on automatic pilot.

I am happy to be able to tell you that. I was even able to use the parts of Buddhism in this project in my college course. Needless to say, the students were all very much impressed by my first hand experiences in Thailand and Vietnam. I enjoying sharing slides, greatly impressed with the material I presented to them.

It has been a rewarding endeavor to piece all of my material together to present as a finished product. I enjoyed revisiting the many places I saw on my travels and the seeing the friends I met along the way. I am pleased the video allowed me the opportunity to hone my skills with the IMovie program on the macintosh system and assemble a nice travel program for my students and other interested parties (a few copies will be shared with participates in the program). The extension allowed me to present a project in which I can be proud instead of slapping something together to meet the requirements of the program.

Thank you for allowing me to share in a experience of a life time. I hope this letter and project find you well. May the new year bless you with peace, health, and happiness.

Most sincerely,

Tracey Fallon

P.S.Enclosed you will find a CD-Rom of pictures from the trip.

P.S.S. I am continuing to complete the Video which only needs a narration (technical problems). It will be along shortly under a separate cover.

Table of Contents

Photographs

- The Faces of Thailand
- Ayutthaya
- A Day with the Elephants of Northern Thailand
- Hill Tribes of Viet Nam
- Za and So
- The Dao women
- Friends

Video script and video log of raw material

Teacher Action Plan and completed activities

Letters, correspondence, promotions and miscellaneous items

- Board of Education press release
- Letter to Senator McCain
- Letter to Senator Clinton
- Letter to Senator Torrecelli
- Letter to Senator Corizine
- Letter to Congressman Andrews
- Letter to Nancy Levene (Sharp Electronics Corp.)
- Southeast Asia and videocam report
- Reflections on Thailand - The Land of Smiles
- Letter to Ben (high school student in Bangkok and current pen-pal)
- Letter to Za (girl in hill tribes of Sa Pa, Viet Nam)

Sri Lankan style as well combined the prang (tower) architectural style borrowed from the Khmer, people of present day Cambodia.

The entrance to these relic holding chedis can still be climbed with care but do it at your own risk since they are very steep. Much easier to go up than to come down.

Here we can see the Khmer influence in the construction of this temple. Headless Buddha's line the walls, a silent testament to the destruction of the city by the Burmese and treasure hunters. These ruins still attract students attempting to learn more about their heritage.

A more modern scene associated with misery and destruction is the "infamous" Bridge on the River Kwai made famous by the book and then the academy award winning film by the same name. The bridge was built during World War II by forced Allied and Asian slave labor and was an important link for the Japanese military supply system to connect Burma to China. It was first made of wood but in 1943 it was replaced by an iron bridge which was repeatedly bombed. It is estimated that over 100,000 men died building this rail line. No wonder it is called the railway of death.

We visited the cemetery where some of the British and Dutch soldiers working on the bridge are buried.

An interesting and important part of our time in Thailand was visiting schools to learn more about the educational system of the country and meet with teachers and students. We visited nursery schools and watched students learn to print. One of our group even got involved in helping with the letters.

We visited a number of schools where we watched students learning many of the traditional dances and to play the traditional instruments.

If you just need some time to get away from everything and relax there is resort city of Pattaya about 2 hours south of Bangkok located along the Gulf of Thailand. There is a wide variety of entertainment from having your picture taken with live sedated tigers to having it taken with attractive young ladies. There is also the always popular elephant shows. Pattaya is best known for its hotels and beaches. Here we had the opportunity to relax and marvel at more traditional dancing and entertainment. We also witnessed the world famous Thai boxing.

Before we knew it, it was time to leave the beautiful city of Bangkok and continue our journey to other destinations further north in Chiang Mai.

Second Section - Northern region, Chiang Mai and Chiang Rai

Everywhere we went we saw a proud people, proud of their Thai culture and heritage which they nourished, cultivated, and demonstrated on frequent occasions. In the Northern area of Chiang Mai we were introduced to dances of the region. Certainly these dances proved once again that Thailand is the land of smiles. On our first night we were treated to a tradition of lighting hot air balloons and sending them into the dark night sky along with all our cares and worries. Soon it was off to the forest to see the northern region up close and personal. We had our first real experience with elephants when we visited an elephant fair and saw them bathing in the river. We saw people dressed in traditional clothing. Then it was really time to get up close and personal with our very own elephant excursion through the forests. Then we watched the elephants put their paces by their mahouts, personal trainers.

Venturing further afield we visited some hill tribe people. members of the Black Hmong tribe and the Karens. There are six main groups of hill tribes in Northern Thailand these are only two of them. The Hmong came from China during the 19th century and others came from Laos as refugees escaping Communist repression and prosecution. Many villages still wear traditional clothing but the practice is changing as more and more modern influences and tourist make their way into the villages. Here is a typical village we saw on our visit and you can see a mixture of traditional and modern clothing being worn. In the past, most hill tribe people earned money by growing poppies for the opium trade but the King and the government have made great strides in moving the tribes away from this type of economy to one that is more productive and beneficial to everyone. One way to accomplish this is through the growing and harvesting of rice. Instead of using the tradition water buffalo to plow the rice paddy, more technology has stepped in. This machine is referred to as the "Iron Buffalo" and the work easier. Another way to earn money is to accommodate the growing tourist trade but this diminishes

their traditional way of life. Many of the Karen people are Christians and we attended one of their services on Sunday morning, the Karens have lived in Thailand for generations while others have recently arrived escaping from Myanmar, formerly Burma. The Karen people are the largest and less nomadic of all the tribes. The beautiful city of Chiang Mai is Thailand's second most important city, which literally means "new city". It was founded in 1292 as the capital of the Lanna Kingdom, replacing the older city of Chiang Rai. Chiang Mai is a popular location for tourist for many reasons; its beautiful temples, excellent shopping, luxurious hotels and restaurants, and trekking into the more remote regions of the country. Some of the distinctive Northern culture can be sampled and appreciated here. One its most famous temples is located high on a mountain top and overlooks the city of Chiang Mai. This temple, where the original Emerald Buddha Bangkok once was housed, continues to draw pilgrims and tourist from around the country and the world.

A few hours from Chiang Mai is the older capital city of Chiang Rai. On our way we stopped at a local school and were entertained by children preparing to celebrate a Buddhist holiday. Some of the older students performed the Long Fingernail Dance, a traditional dance of the region. We appreciate the entertainment and brought gifts to the children. It was difficult to say good-bye to such a wonderful reception. In Chiang Rai we made our way to the night market. It was not as big and varied as Chiang Mai's more touristy market but it offered an opportunity to see another part of Thai culture since many of the merchants were native Akha tribe women wearing their decorative headdress. Here is a sampling of some of the food and goods we saw being offered each and every night of the year. Here we were also entertained by musicians playing traditional instruments and entertainers in a more modern vein.

Vietnam

It was a strange feeling to stand in Hanoi, the capital of our former enemy. It is a country that has only recently welcomed Americans and I wondered about reception. Within a short period of time I learned that we were most welcomed guests in their country and the feelings about the war were forgotten. The majority of the population is under 30 years of age and don't even remember the conflict between our nations.

extols the patriotism of the Vietnamese people over their

The streets of Hanoi are crowded with motor scooters always with horns beeping at each other and pedestrians. There is a different kind of music which can sometimes be heard if you listen carefully and visit the right locations. Here we heard traditional music in the Temple of Literature in the ancient part of Hanoi. Listen for a moment to the sounds played on traditional instruments by talented performers. Here are other performs in a local restaurant

From Hanoi we took an overnight train reach the area of Sa Pa, close to the Chinese border. This would prove to be one my most memorable experiences. I would have the opportunity to step into the world of the of the hill tribe people, the Black Hmong, the Zao, and the Red Zao. This, to me, was my National Geographic experience and one that i will never forget. After taking a bus from the train station up long and winding roads, sometimes washed out by monsoon rains we arrived in time to participate in the Sunday market. The locals ignore the few tourist who come but resent their pictures being taken. The market was a beehive of activity with colorful native clothing announcing tribal affiliations.

During the course of my adventures I met two Black Hmong girls, Za and So. We exchanged greetings, a few small presents, and became friends sharing conversations and strolls through the market. Za told me she was far from home, about 5 five hours and had only come to this market for a day's outing. She really lived in Sa Pa, a place that we would be spending the night and the next day. I made arrangements to meet with her and learn more about her life. Before long it was time to go but I promised to write. We visited a local tribe of the Red Hmong, who we later discovered had tourists visit their village on a regular basis. We bought souvenirs from them, even if we already purchased similar items in Sa Pa. We felt we had to help supplement their income. Then our bus took us back down the treacherous roads along the mountain path, back to the train, and back to Hanoi.

In Hanoi we visited Ho Chi Meng's mausoleum where he body is preserved and on display. We can only see the outside of this building since no pictures are allowed inside. We visited the ancient city of Hue, saw local fisherman at work and took a leisurely cruise down the Perfumed River catching glimpses of everyday life in this part of Vietnam where women still wear the traditional long skirt and straw hat to protect them from the sun. In the evening we took another cruise and were entertained with song and music. All too soon we had to leave this lovely city and continue south to our destination of Ho Chi Minh City, formerly known as Saigon, which it is still called by that name to some residents.

Teacher Action Plan

The Fulbright Seminars Abroad Program is important to me as a result of my realization that I, and my school community, are ignorant of many aspects of Southeast Asian history, culture, and even geography. This revelation became shockly apparent and embarrassing reality when speaking with some Aisan students about their country and its history. By making our students aware of their own ethnocentrism, they can take a better look at themselves and their global neighbors in a constantly shrinking world in which various cultures are constantly competing for recognition and acceptance. Thailand and Vietnam are important forces in the Asian world today and need to be better understood by all of us beyond the "Anna and the King" and the Vietnman War, now "ancient history to our students. The Seminars Abroad Program allowrdd me to immerse myself in Southeastern Asian culture and helped me share my many insights and experiences with my students, colleagues, and members of various communities with which I have the opportunity share my journey.

I has been, and will continue to be my intention to make our students, staff, and community aware of the rich cultural history of Thailand and Vietnam as well as understand their relationships to the United States as world trading and cultural partners.

By creating and presenting this video tape to my students, social studies teachers in the district, as well as making personal presentations, I feel I have opened the door for teachers to stimulate further investigation into this part of the world. It has also made the community much more area of the history and culture of Thailand and Vietnam.

A. Basic Planning:

1. Objectives

a. Geography

- ✧ To make students and the community aware of Thailand and Vietnam's location in the world, its climate, geographical influences, dependency on the sea, density of population, farming, major industries, and principal exports, location of capital, major cities, cultural and historic centers of interest, points of interest for tourism. Bangkok is already recognized as one of the most important tourist locations in Southeast Asia.
- ✧ This was done by using bulletin board displays, video presentations, and working with map worksheets to develop better geography skills and awareness.

b. History

- ✧ For students and community to become aware of some of the significant events in the history of these countries and their often turbulent associations with their neighbors.
- ✧ To understand some of the major historic periods in these countries and the impact they have had on their culture, government, and historic development of their countries.
- ✧ To explore the relations between these countries and the United States in good time and in bad as well as in today's global market.
- ✧ To understand the effects of colonial domination and the need for independence.
- ✧ To better understand the relationship between Vietnam during the turbulent years of war with the United States and how that is beginning to change from one of enemies to partners in the future
- ✧ To appreciate and examine the very active role Buddhism has played in the shaping of Thailand.
- ✧ To understand that Thailand is more than a Land of Elephants and Anna and the King but a rich culture filled with many cultural and artistic treasures.

c. Culture : For students to better understand the cultures concerning:

- ✧ Food
- ✧ Religion
- ✧ Clothing (traditional and modern)
- ✧ Literature
- ✧ Education as practice in their schools today
- ✧ Work
- ✧ Etiquette
- ✧ Holidays and festivals

2. Activities

a. Geography

- ✧ To help students understand the location of Thailand and Vietnam, students increased map skills techniques by using maps to identify the location of these countries in relationship to other countries in Asia and the world.

- ✧ Students created maps indicating major cities and cultural locations.
- ✧ Students completed a series of overlays indicating geographic features, demographics, and industrial and agricultural regions through the use of symbols.
- ✧ Students participated in creating classroom bulletin boards with labels for major cities, historic centers, as well as place pictures of various locations gleaned from material the teacher has collected and from tourism pamphlets.
- ✧ Developed a list of foods commonly enjoyed in these countries and establish Thailand Day and Vietnam Day where students and parents can partake in traditional foods.
- ✧ Developed a running list of products that students find marked “Made in Thailand”
- ✧ Students made another map available for the multi media center where it can be shared with other students who were invited to participate in its completion.
- ✧ View slides taken on the trip which reflect various regional differences in geography and clothing.

b. History

- ✧ Students read about the history of Thailand and Vietnam in their social studies text and discuss the major points presented. Students developed time lines showing important historical events in the history of these countries and divide it into cultural periods.
- ✧ Students mapped timeline graphs concerning Americans involvement with these countries, especially our time in Vietnam.
- ✧ Students collected pictures of cultural landmarks and presented them in booklets to be made available to other students and arranged in the multi media center for display and distribution. These booklets traveled to other schools in the district as well as the local libraries.
- ✧ Students were introduced to many artifacts that reflect the life and influence of Southeast Asia on our lives.
- ✧ Students viewed various places of historical interest through presentations. Follow up reports explaining students observations about these locations and the history behind them were developed through worksheets and individually designed activities in which students can further develop and explore items of interest.
- ✧ Read and discuss stories of mythology, and legends of these countries as found in literature books and provided by the teacher.
- ✧ View various slide presentations based on topics of cultural interest and history.
- ✧ Study the influence these countries have on the United States today as trading partners and members of the world community that need to be more fully appreciated.
- ✧ Respond to questions prepared by the teacher concerning the topics presented during the unit on Southeast Asia.

c. Culture

- ✧ Examples of traditional Thai and Vietnamese clothing will be explored through pictures, slides, dolls, illustrations, and items brought home which

- will provide students with an understanding of the clothing, material, and significance of traditional attire and the rich traditions they reflect.
- ✧ A look at life in the Hill Tribe villages in both Thailand and Viet Nam and what the governments are doing to reduce the production and trade of opium and helping these people to recongize their position in the state and the relationship they play in the wider world community.
 - ✧ Examples of food will be studied through pictures and slides and video brought into class. Also prepare sample items of Thai and Vietnamese cuisine which may be obtained in local restaurants.
 - Discuss cultural differences in food and the need for products from the sea as a result of the large population.
 - ✧ Introduce the use of chopsticks in eating and proper etiquette.
 - ✧ Visit Thai and Vietnamese restaurants with the multi-cultural club and have the chef present lessons on the food and its preparation to students and parents.
 - ✧ Examine and discuss some of the traditions and origins of some holidays.
 - ✧ Compare and contrast the differences in education between our countries, the role of the student and teacher, the courses taken, the amount of time spent in school, and in after school activities. Much will be done to explore the differences in our education system including peer relationships and student involvement in the care and maintenance of the school. What type of standardized test students take, the emphasis placed on academic success and the rigorous testing to enter the university will be presented.
 - ✧ Examine the high rate of literacy in Thailand and how this is made possible.
 - ✧ Explore the writing style and alphabet of the Thai people. Demonstrations in calligraphy as well as samples obtained in Thailand and Viettnam which uses a different system, will be presented, briefly.
 - ✧ Present a small lessons on language and the use of some words learned on the trip.

3. Outcome/products anticipated

Students have gained much insight into the people and society of Thailand and Vietnam. It is highly unlikely that any of our students have even thought about these countries or their culture. Through the designed content areas students now have a much better understanding of the history, geography, and culture of these countries.

Bulletin boards, maps, reports, pictures, and calligraphy projects were produced as well as letters written and pen-pals established. Continued communication on my part with a few students I meet along my travels has helped inspire some personal insights into the program.

A vast array of artifacts were made available to our schools as well as a supply of cultural information on various locations I have visited. These are kept on permanent loan to the multi-media center where other teachers and students can avail themselves of the items. A collection of slides and pictures is housed there for use by teachers which is sublimented by a taped discription of the contents and teaching booklets on various topics. An account of my travels and observations will also be created and filed in the library. CD Roms of more pictures was created so students can have access for more pictures about Thailand and Vietnam.

Some letters were written by American students to students in these countries but this has not been as successful as hoped for a variety of reasons, one being the lack of response from Asian contacts.

Follow-On Plan Impacts the Classroom -

School - My school shared in my adventure through displays, presentations, demonstrations, and artifacts which were made available to them and through the projects my students will create. I also made presentations to interested parties in my school through language teachers, history teachers, art, and world language teachers as well as through the multicultural club in school. A presentation was made to interested parents during an evening program.

Community - I made numerous presentations in other schools, during a Board of Education meeting, through the Beginning Teachers Induction Center at Rowan University's department of education, at the local community college, and through other invitation presentations offered in connection with my class projects and displays for both parents and the community in general. The community will also learn of my experiences through a series of articles I will prepare for our community bulletin and in our local newspaper.

Evaluation

Tests were given periodically as well as references made throughout the year concerning the activities we have done. The wealth of information students obtain should be cumulative. Students recognition of people and places should be considered as an acceptable form of evaluation. Referencing information presented and using it to illustrate a point of view or present a culture perception can also be used as a tool of evaluation. Students make themselves open to new books, stories, and Asian experiences can be viewed as a positive sign.

Continued contact between ourselves and our Asian counterparts will also be evaluated as a positive indicator.

A formal evaluation was given before the Thailand/Vietnam experience was unfolded and one after the presentations were made to ascertain students's knowledge level. Students were also asked to check some of the web sites that have been established by teachers who have created them for these countries and ask for evaluations on insight gained by students.

An informal evaluation was made through the use of an instrument designed to include parents stating what they have seen and heard at home about the program developed in the school and any follow activities they may have employed. The results were very encouraging.

All of these things have been done in creating lessons on my experiences and continued discussions have lead students to explore various topics on the internet and create reports on periods of history, local tribes, the study of Buddhism, and creating tourists brochures to stimulate interest in these countries within the school and the community.

Letters, Correspondence

Promotions, and

Miscellaneous Items

Glen Landing visits Viet Nam

Tracey Fallon of Glen Landing Middle School presented the school's yearbook to Le S'l Thang, chairman of the management board (left) of the Thai Binh School, and its principal in Ho Chi Minh City in Viet Nam. Dr. Vu Van Thanh (right) was the advisor of the Fulbright-Hayes program for Viet Nam.

The yearbook was offered in peace and friendship to the students of Thai Binh School (grades 1-12) in the hope that looking at the yearbook might bring a better understanding of America and students at Glen Landing.

For Board and Public newsletter

56 Lyman Ave.
Woodbury, NJ 08096
August 16, 2002

Dear Senator McCain,

I am writing this letter for several reasons as a result of a recent visit to Hanoi, Vietnam as part of a small delegation of Fulbright-Hays Seminars Abroad participants in July and August.

First, allow me to request your continued support and funding for important mission the **Fulbright-Hayes** programs afford students and educators. I have long known about the Fulbright-Hayes Seminars Abroad Program for teachers and was fortunate to have been selected as one of the teachers to attend "Gateway to Southeast Asia Heritage" this summer. It was initiated by Dr. Pimon Ruetrakul in Bangkok, Thailand who wanted American educators to have a better understanding of the history and importance of Thailand and a more inclusive portrait of Vietnam than just the limited understanding of our involvement during the war.

Dr. Ruetrakul prepared an excellent seminar filled with exceptional speakers in Bangkok, Chiang Mai and Chiang Rai in Thailand and others in Vietnam. The seminar provided teachers the opportunity to study the educational system of these two countries as well as learn more about their history, culture, and wonderful people. I can not extol the virtues of this program enough and what an influence it has had on me and will have on my students over the years.

Second, visiting Vietnam filled me with conflicting emotions. Like most Americans, my limited experience of the country is related to my knowledge of our involvement in the 1960s and 70s. However, I found the people most charming and hospitable. Our ten day visit (Hanoi, Sa Pa, Hue, Ho Chi Meng City, and small stops along the way) was interesting, informative, and memorable.

An important point of interest to me while visiting Hanoi was the infamous "Hanoi Hilton" in which you were imprisoned for five and half years. As far as I was concerned, it was a "must see" sight. I was surprised to find a "souvenir" stand just inside the main gate and learn of how the prison was used by the French to execute and detain Vietnamese seeking freedom from colonial rule.

While touring the facilities my mind was continually thinking of the American prisoners held there, you being one of them. In one of the rooms in which pictures of American prisoners were displayed a sign read, "...though having committed untold crimes on our people, but American pilots suffered no revenge once they were captured and detained. Instead, they were well treated with adequate food, clothing and shelter according to the provisions of Paris agreement..." Needless to say, I was taken back by the comment and let me feelings be known to other American teachers in the room. Being an American history teacher, I was shocked by what I heard from one of them, "Do you have any proof that sign isn't true?" All I could say was, "Read John McCain's book!"

The Vietnam travel experience was an eye opening event for me revealing how little our younger teachers, born after the war, know and understand the conflict that torn our country apart and what it was all about. I found myself giving those under 30 years of age mini history lessons about the war and our intentions there, reminding them not to be misled by what they were reading about our "imperialistic" aggression. I think this experience made these teachers aware of their lack of understanding of the conflict and has encouraged them to read more about it both for themselves and for their students.

Finally, I would like to request two autographed pictures of you, a true American hero. One will be placed in my school library where students can learn more about you and what it means to be an American patriot. The other one is for me personally. I admire your straight talk and views about America regardless of political party.

56 Lyman Ave.
Woodbury, NJ 08096
August 16, 2002

Dear Senator Clinton,

What a pleasure it is to address you by the title of Senator. I have always admired your talent, courage, and political views. I feel you are a meaningful and important voice on the political scene today. I also feel you represent an excellent role model for all women, particularly young women in our country. I met you briefly as the First Lady and look forward to some day meeting you as a Senator, and maybe even more in the future.

I am writing this letter for several reasons as a result of a recent visit to Thailand and Vietnam as part of a small delegation of Fulbright-Hays Seminars Abroad participants in July and August of this year.

First, allow me to request your continued support and funding for the important mission the **Fulbright-Hayes** programs afford students and educators. I have long known about the Fulbright-Hayes Seminars Abroad Program for teachers and was fortunate to have been selected as one of the teachers to attend "Gateway to Southeast Asia Heritage" this summer. It was initiated by Dr. Pimon Ruetrakul in Bangkok, Thailand who wanted American educators to have a better understanding of the history and importance of Thailand and a more inclusive

portrait of Vietnam than just the limited understanding of our involvement during the war.

Dr. Ruetrakul prepared an excellent seminar filled with exceptional speakers in Bangkok, Chiang Mai and Chiang Rai in Thailand and others in Vietnam. The seminar provided teachers the opportunity to study the educational system of these two countries as well as learn more about their history, culture, and wonderful people. I can not extol the virtues of this program enough and what an influence it has had on me and will have on my students over the years.

Second, I found it most interesting and rewarding to discover I was often traveling in your footsteps when you journeyed to Thailand and Vietnam. I had the pleasure to eat in at least three restaurants you visited during my trip. The pictures of the visit are proudly displayed in each restaurant and was the source of interesting conversations with the waiters and proprietors of the establishments concerning your visit. One of the restaurants was in Chiang Mai, Thailand and the another was in Hanoi. I have enclosed a picture of a picture regarding your visit to the restaurant in Hanoi. This picture now hangs in the restaurants first floor, main room.

Third, I would be greatly honored if you could send me an autographed picture. I would prefer two, one for my school to hang in the library and one as a personal memento from one of the truly gifted and talented political forces of our time. All of us in my family have been loyal and supportive Democrats for you and your husband through the good times and the bad. We always felt when President Clinton was in office, they were the best times. We are so pleased to see you continue to wage the good fight for country and our beliefs.

Most respectfully,

Tracey Fallon

56 Lyman Ave.
Woodbury, NJ 08096
August 23, 2002

Dear Senator Torrecelli,

I am writing this letter for several reasons as a result of a recent visit to Thailand and Vietnam as part of a small delegation of Fulbright-Hays Seminars Abroad participants in July and August.

First, allow me to request your continued support and funding for important mission the **Fulbright-Hayes** programs afford students and educators. I have long known about the Fulbright-Hayes Seminars Abroad Program for teachers and was fortunate to have been selected as one of the teachers to attend "Gateway to Southeast Asia Heritage" this summer. It was initiated by Dr. Pimon Ruetrakul in Bangkok, Thailand who wanted American educators to have a better understanding of the history and importance of Thailand and a more inclusive portrait of Vietnam than just the limited understanding of our involvement during the war.

Dr. Ruetrakul prepared an excellent seminar filled with exceptional speakers in Bangkok, Chiang Mai and Chiang Rai in Thailand and others in Vietnam. The seminar provided teachers the opportunity to study the educational system of these two countries as well as learn more about their history, culture, and wonderful people. I can not extol the virtues of this program enough and what an influence it has had on me and will have on my students over the years.

Second, visiting Vietnam filled me with conflicting emotions. Like most Americans, my limited experience of the country is related to my knowledge of our involvement in the 1960s and 70s. However, I found the people most charming and hospitable. Our ten day visit (Hanoi, Sa Pa, Hue, Ho Chi Meng City, and small stops along the way) was interesting, informative, and memorable.

Finally, I want to thank you for your continued support for educational issues both for the state of New Jersey and in our nation. Your leadership and the voice you provide are important aspects in getting the Democrats voice heard amongst all the shouts and cries for change that will not be productive to the vast majority of Americans students. Keep up the great work!

Hopefully I will have the opportunity to share more of my experiences with you concerning the Fulbright scholarship in the near future.

As always, I remain a loyal
constituent,

Tracey Fallon

56 Lyman Ave.
Woodbury, NJ 08096
August 23, 2002

Dear Senator Corizine,

I am writing this letter for several reasons as a result of a recent visit to Thailand and Vietnam as part of a small delegation of Fulbright-Hays Seminars Abroad participants in July and August.

First, allow me to request your continued support and funding for important mission the **Fulbright-Hayes** programs afford students and educators. I have long known about the Fulbright-Hayes Seminars Abroad Program for teachers and was fortunate to have been selected as one of the teachers to attend "Gateway to Southeast Asia Heritage" this summer. It was initiated by Dr. Pimon Ruetrakul in Bangkok, Thailand who wanted American educators to have a better understanding of the history and importance of Thailand and a more inclusive portrait of Vietnam than just the limited understanding of our involvement during the war.

Dr. Ruetrakul prepared an excellent seminar filled with exceptional speakers in Bangkok, Chiang Mai and Chiang Rai in Thailand and others in Vietnam. The seminar provided teachers the opportunity to study the educational system of these two countries as well as learn more about their history, culture, and wonderful people. I can not extol the virtues of this program enough and what an influence it has had on me and will have on my students over the years.

Second, visiting Vietnam filled me with conflicting emotions. Like most Americans, my limited experience of the country is related to my knowledge of our involvement in the 1960s and 70s. However, I found the people most charming and hospitable. Our ten day visit (Hanoi, Sa Pa, Hue, Ho Chi Meng City, and small stops along the way) was interesting, informative, and memorable.

Finally, I want to thank you for your continued support for educational issues both for the state of New Jersey and in our nation. Your leadership and the voice you provide are important aspects in getting the Democrats voice heard amongst all the shouts and crys for change that will not be productive to the vast majority of Americans students. Keep up the great work!

Hopefully I will have the opportunity to share more of my experiences with you concerning the Fulbright scholarship in the near future.

As always, I remain a loyal
constituent,

Tracey Fallon

56 Lyman Ave.
Woodbury, NJ 08096
August 23, 2002

Dear Congressman Andrews,

I am writing this letter for several reasons as a result of a recent visit to Thailand and Vietnam as part of a small delegation of Fulbright-Hays Seminars Abroad participants in July and August.

First, allow me to request your continued support and funding for important mission the **Fulbright-Hayes** programs afford students and educators. I have long known about the Fulbright-Hayes Seminars Abroad Program for teachers and was fortunate to have been selected as one of the teachers to attend "Gateway to Southeast Asia Heritage" this summer. It was initiated by Dr. Pimon Ruetrakul in Bangkok, Thailand who wanted American educators to have a better understanding of the history and importance of Thailand and a more inclusive portrait of Vietnam than just the limited understanding of our involvement during the war.

Dr. Ruetrakul prepared an excellent seminar filled with exceptional speakers in Bangkok, Chiang Mai and Chiang Rai in Thailand and others in Vietnam. The seminar provided teachers the opportunity to study the educational system of these two countries as well as learn more about their history, culture, and wonderful people. I can not extol the virtues of this program enough and what an influence it has had on me and will have on my students over the years.

Second, visiting Vietnam filled me with conflicting emotions. Like most Americans, my limited experience of the country is related to my knowledge of our involvement in the 1960s and 70s. However, I found the people most charming and hospitable. Our ten day visit (Hanoi, Sa Pa, Hue, Ho Chi Meng City, and small stops along the way) was interesting, informative, and memorable.

Finally, I wanted to thank you and your office staff for providing me with a letter of introduction to officials in Hanoi as a member of the Fulbright-Hayes Seminars Abroad program. I was asked by one of the professors to forward his letter of response to you (the letter is enclosed) I do not believe it really needs a reply but I wanted to be sure to pass it along to you.

As always, I remain a loyal
constituent,

Tracey Fallon

Tracey Fallon (second from left) and Dr. Vu Van Thanh (right) presenting a Glen Landing yearbook to school staff in Ho Chi Minh City, Vietnam.

56 Lyman Ave.
Woodbury, NJ 08096
September 2, 2002

Nancy Levene
Sharp Electronics Corp.
Sharp Plaza
Mahwah, NJ 07430

Dear Nancy,

School is ready to open and my life gets a little more complicated as a result. In the last few hours of peace I wanted to mail you a copy of two pictures I took of me with the wonderful Sharp video camera you were kind enough to make available for my use during the trip to Thailand.

These pictures are digital and I can reprint them on a better printer for more clarity, print them in any size you prefer, or send you a copy of them on a disk (Macintosh formatted). I will be happy to accommodate you in any way I can. I have more pictures of me with the video camera but they have yet to be processed since they are regular negatives which may suit your purposes better. I will be sure to get them off to you as they get developed but that might take a little more time. I don't know exactly what time constraint you might be working under.

To be honest with you, I am not happy with either of these pictures. The one with the hill tribe girl reflects me in a more "casual attire" although it was appropriate for the conditions in which we found ourselves (the jungle). The other picture, even though I tried to take something that spoke of Thailand, shows me almost as a voyeur looking over, and filming some intimate moment (it seemed like a good idea at the time).

I will be working on editing the video I took (about 4 hours) and making it into a finished product but you might not want to wait that long. I can send you unedited tape that you can use showing me in Thailand and Vietnam with some local hill tribes (very exotic) as well as other bits and pieces of interesting events on the trip such as elephant excursions through the jungle and tours of Buddhist temples. Let me know what I can do for you.

As my wife said, seeing pictures is one thing but seeing the video makes you feel like you are there. My students and I are indebted to you and Sharp for your generous and most appreciated contribution to their education. It is a product that has served me well and will continue to do so for many years to come.

Most sincerely

Tracey Fallon
E-mail: tfallon758@aol.com

Southeast Asia and Videocam
by Tracey Fallon
7th grade social studies teacher
written for promotional purposes for Sharp Electronics
Corporation for Publication

If anyone even thinks of Thailand the only image that might come to mind is that of Yul Brenner as the King of Siam in the King and I. Most people probably can't even locate Thailand on a map and fewer would even realize it was once called Siam. Thailand is simply out of our cultural, political, and historic context which raises the question, "Who would want to go to Thailand, anyway?" The answer should be "Everyone!"

The opportunity of spending six weeks in Thailand and Vietnam presented itself through a Fulbright-Hayes Seminars Abroad program sponsored by the Department of Education to teachers. These summer seminars provided educators with the opportunity to immerse themselves in foreign cultures by studying a country's history, language, arts, education, and economic initiatives.

When word of my acceptance to the program came I knew taking digital pictures or even slides to present to my students would not be enough. I knew slides and pictures never presented the full image and breathed no life into what was being viewed by an audience. The noisy crowded streets of Bangkok choked with traffic, teeming with pedestrians filling the polluted air with a myriad of international conversations, the tuk-tuks scurrying about beeping their horns, and the magical music entrancing the listener as Thai dancers graced the stage would all fall silent victim to the still image. If I was to capture Thailand and communicate its wide range of sound and beauty it could only be done through a video camera.

I knew how easy it was to operate a Sharp Viewcam which affords the luxury of not have to walk through historic settings or majestic gardens like a cyclops viewing the world through viewfinder of video camera held to one eye. The large clear viewing screen allowed me to hold the camera down at my waist and direct the lens to its subject or standing in crowds, holding it high above my head to get the perfect unobscured picture while tilting the display screen. The Viewcam would also provide sharing the captured images with those in the video when played back on the viewing screen, large enough for all to share at the same time.

Believing in the power of positive thinking I wrote to Sharp's home office in New Jersey, presenting a request for a Sharp Digital Viewcam that would allow my students to share in the trip of a lifetime in Thailand and Vietnam. The request was rewarded with a Sharp viewcam which allowed me to capture some of the more distant treasures of Asian lands. The vistas and panoramas would not be mine alone but I could now share a "whole world view" through the sweeping eye of the video camera with my students.

In Thailand I was able to capture the sweeping images of golden temples, mythical creatures, and gilded chedis (shrines containing the relics of Buddha). Images of giant Guardian Demons gleaming in the tropical sun set against lapis colored skies surrounded by fabled monsters from the Ramakien mesmerized the camera lens while dancers dressed in classic costumes spun before my eyes. They too were recorded for all to share in the rhythm of their movements and the sounds of Thai music.

Thailand offers a wide variety of opportunities for the photographer no matter what taste in pictures the visitor might have, from the ancient ruins of the old capital of Ayutthaya (World Heritage site) with its spires reaching to heaven with colossal meditating Buddhas draped in saffron, the Floating Market of Damnoen Saduak with its kaleidoscope of streaming colors as exotic fruits float gently by, to the picturesque views of temples, monuments, and sweeping landscapes are all unparalleled. Cities such as Bangkok, Chiang Mai and Chiang Rai, Phangnga Bay offer the visitor the opportunity to stop and find his/her heart's desire riding elephants through lush jungles or sitting along the sun drenched shores of a tropical paradise. Thailand offers more than enough for any visitor looking to sample the world renowned cuisine, the relaxing Thai massage, taking in a kickboxing match, or losing one's self in the grace and magic of classical Thai dancing.

In Vietnam we traveled to many places I remember hearing about during the Vietnam War; Hanoi, Hoi An, Da Nang, China Beach, and Saigon now called Ho Chi Minh City. Since over half the population of Vietnam was born after the "American War, as they call it, we found only hospitality and smiling faces everywhere we went. We were welcomed by students, professors, restaurant owners, and ordinary people on the street. Certainly I found it a little strange to be in former Northern Vietnam but those conflicts, they told me, were a thing of the past. It is the present and the future that is important to them and the desire and that we live and work in the world community as friends.

Southeast Asia is a region that few of us know. It is filled with many exciting historical places of interest and boasts of some of the best beaches in the world. It is a place that welcomes American tourists, businesses, and scholars. It is a region we need to learn more about and the Sharp viewcam has allowed me to bring back some of the beauty and smiling faces I saw on my life altering trip through that special part of the world.

Reflections on Thailand - The Lane of Smiles

If anyone even thinks of Thailand the only image that might come to mind is that of Yul Brenner as the King of Siam from the King and I. Most people probably couldn't even locate Thailand on a map and fewer would even realize it was once called Siam. Thailand is simply out of our cultural, political, and historic context which raises the question, "Who would want to go to Thailand, anyway?" The answer should be "Everyone!"

The opportunity of spending six weeks in Thailand and Vietnam presented itself to me through a Fulbright-Hayes Seminars Abroad program sponsored by the Department of Education to teachers. These summer seminars provided educators with the opportunity to immerse themselves in foreign cultures by studying a country's history, language, arts, education, and economic initiatives. My desire to delve into Thai culture came as a result of a previous brief encounter with Bangkok, the capital, and being introduced to some of its beauty and mystery.

When word of my acceptance to the program came I knew taking digital pictures or even slides to present to my students would not be enough. I knew slides and pictures never presented the full image and breathed no life into what was being viewed by an audience. The noisy crowded streets of Bangkok choked with traffic, teeming with pedestrians filling the polluted air with a myriad of international conversations, the tuk-tuks scurry about beeping their horns, and the magical music entrancing the listener as Thai dancers graced the stage would all

fall silent victim to the still image. If I was to capture Thailand and communicate its wide range of sound and beauty it could only be done through a video camera.

I remembered a previous experience with Sharp Viewcam. I remembered how easy it was to operate and the luxury of not have to walk through historic settings or majestic gardens like a cyclops always viewing the world through viewfinder of video camera held to the eye. I enjoyed the large clear viewing screen which allowed me to hold the camera down at my waist and direct the lens to its subject or standing in crowds, hold in high above my head to get the perfect unobscured picture while titling the display screen. I also recalled the enjoyment the captured images provided to those in the video when it was played back on a viewing screen big enough for all to share at the same time.

Believing in the power of positive thinking I wrote to Sharp's home office in, NJ, presenting a request for a Sharp Digital Viewcam that would allow my students to share in the trip of a lifetime in Thailand and Vietnam. The people at Sharp granted my request and provided me with a Sharp Digital Viewcam with a 300X digital zoom allowing me to capture some of the more distant treasures of this fable land. The vistas and panoramas would no be mine allowing me to show a "whole world view' through the sweeping eye of the video camera.

Our first few days in Thailand were consumed by university professors providing us with the history and cultural background of Thailand. I was anxious to get out and "see the world'. I knew of the glories and golden treasures of the Grand Palace where the Emerald Buddha (thailand's most sacred Buddha image) resides and the 150 foot gilded Reclining Buddha of Wat Po (Wat means temple), all of this and more beckon me to arm myself with the videocam, a few Bhat (Thai money) and explore the world. And so I did.

Over the course of the next few days I leisurely toured the Grand Palace capturing the sweeping images of golden temples, mythical creatures, and chedis (shrines containing the relics of Buddha). I appreciated the fact that the Sharp Viewcam allowed me to take both single photographic images that I could print out on my computer or use to show through a television set and live action video. I quickly learned how to adopted the still image feature into my videos which allowed me to find the right moment free of people to capture and hold a scene without interruption. Images of giant Guardian Demons gleaming in the tropical sun set against lapis colored sky surrounded by mythical creatures from the famous story of the Ramakien soon filled the lens and was captured on tape .to be edited and presented to family, friends, and students half a world a way. I knew they would now be able to appreciate the looming temple of Wat Arun (Temple of Dawn) which stands by the Chao Phraya River and creates a dramatic shiloutte against the skyline of the city as no photograph would ever be able to capture.

We spent almost three weeks in and around Bangkok attending lectures, visiting temples, elementary schools, high schools, learning how to prepare Thai cuisine by instructors cooking school from the Royal Palace, practice Thai therapeutic message, and mingling with the locals while shopping at the night markets in the city.

There are so many wonderfully exotic things to visit and do in Thailand it is difficult to single out just a few but from my perspective two points of interest which should be on every tourist's list of things to do outside the city are a trip to the ancient capital of Ayutthaya and the Floating Market. Ayutthaya (1351-1767) is now in ruins but some of its ancient splendor can still be glimpsed by its remaining chedis, walls, and fragmented ancient Buddhas still mediating in

tranquil serenity upon raised platforms draped in new saffron robes which presents an image from the landscape of an alien world. A day spent at Ayutthaya is not enough time to see all the styles of architecture and artifacts that have been recovered from this World Heritage site.

The famous Floating Market of Damnoen Saduak is an interesting journey into life along the canals in southern Thailand where wide variety of fruits (bright red rambutans, longans, mangoes, mangosteens, durians, guavas, jackfruits) are passing by in small slender boats where meats, coconuts, and a wide variety of tourist items glide along the crowded canals where natives and tourist make the time a memorable experience of Thailand who walk away with more souvenirs than they may have wanted.

All too soon we left Bangkok and traveled to the northern regions of Chiang Mai and Chiang Rai where we saw a different architectural style of homes and temples from the south in Bangkok. We were welcomed to the area and entertained by a performance by traditional local dancers. It seems everywhere we went in Thailand we were greeted by young people performing traditional dance presentations accompanied by the playing of traditional instruments. Thailand has placed a great emphasis on the revitalization in these artistic expressions. We found young boys learning to move with bent toes and twisting fingers straining to learn the style and technique of being monkeys or demons in the retelling of the Ramakien through song and dance. Every school we visited had children practicing the traditional dance and on our way to Chiang Rai we visited an elementary school where young girls dressed in brilliantly colored silks were preparing to celebrate a Buddhist holiday and performed for us the "Long Fingernail Dance" wearing the long brass extensions on their fingers. All of this was captured on video tape for how could a still picture capture the gentle movement, the exotic sounds, or entrancing smiles of these young dancer? It would have been impossible.

In both Thailand and Vietnam we had the opportunity to explore the lesser known parts of their countries by traveling north to the remote hill tribe villages. Here people still dress in the colorful and unique clothing of their village. In Thailand we abandoned our bus and took jeeps into the hinter land far removed from the normal tourist routes. We stayed in remote lodgings where we saw glittering fireflies at night that blinked and winked in unison by the thousands in trees along secluded canals. In the morning Buddhist monks paddled their small boats with shallow sides up to our location where rice and vegetables were offered to them for their benefit and for "merit" (blessings in the next life). We watched as peasants plowed the rice fields in the rain, bought hand woven fabrics with their distinctive designs created by the women of the villages, and in one of the remote villages we purchased silver jewelry some of the local children had for sale in front of their cinder block house.

In Vietnam we visited the Lao Cai-Sa Pa region. This is located near the Chinese border and both of these locations saw some brief but fierce fighting in the late 1970s when China crossed the border into Vietnam. Here is what can only be described as a National Geographic experience for we traveled up long and winding roads, occasionally over collapsed rain swept roads, leaving some in our party of 14 to mentally write their obituaries as we leaned over steep cliffs looking at the valley floor hundreds of feet below. The long and difficult journey pays off when we reached the small remote village of Bac Ha. Here, a kaleidoscope of colors pass as women and children from different villages passed each dressed in their distinctive native costumes which were worn everyday. In

the rain these people made their way from the outlying districts to the Sunday market to buy and sell food, clothing, wool, jewelry, and just to socialize. My cameras (I carried a digital, 35 mm with slide film, and Sharp Viewcam) were constantly being put to the test as were my skills as a photographer. The “park lot” was filled with donkeys and horses that brought some of the people to market but many of them trudged up steep roads to attend the weekly throng of people milling about. Whenever a camera was brought up, the hill tribe people would look away, not wanting their picture taken. If they discovered someone taking a picture they would come over and request money. The Sharp Viewcam allowed me to take pictures without being intrusive since I could hold the camera at waist level and tilt the lens up to the level I desired without being noticed thus allowing me to capture the real spirit of the market day with all its bartering and social interaction.

One of the best experiences I had during my trip was taking the picture of two young girls from the Black Hmong tribe at Bac Ha. To my surprise they, Za and So spoke English which they managed to learn by listening to tourists who made their way to their area. They quickly informed me that they were not from this area but from Sa Pa, a five hour distance by bus. After a number of conversations through the day as we ran into each other they suggested I meet them in Sa Pa but I never expected to see them again. To my delight I was able to catch up with them again late the same evening when they returned from adventures in Bac Ha. I spent more time with them and made arrangements for a tour the next day. I really appreciated having the viewcam with me because I was able to conduct an interview with Za about her traditional clothing and a little about her life that I would be able to share with my students. This was another example of how using the viewcam made the difference between just a picture and creating a total experience. I have a number of pictures I took with the viewcam and still have the great memory of Za that I can relive over and over again when I show people the conversations I had with her in that distant and remote part of the world.

In Vietnam we traveled to many places I remember hearing about during the Vietnam War; Hanoi, Hoi An, Da Nang, China Beach, and Saigon now called Ho Chi Mirth City. over half the population of Vietnam was born after the “American War, as they call it. We found only hospitality and smiling faces everywhere we went. We were welcomed by students, professors, restaurant owners, and people on the street. Certainly I found it a little strange to be in former Northern Vietnam but those conflicts, they told me, were a thing of the past. It is the present and the future that is important and that we may live and work in the world community as friends.

Southeast Asia is a region that few of us know. It is filled with many exciting historical places of interest and boasts of some of the best beaches in the world. It is a place that welcomes American tourists, businesses, and scholars. it is a region we need to learn more about and the Sharp viewcam has allowed me to bring back some of the beauty and smiling faces I saw on my life altering trip through that special part of the world.

56 Lyman Ave. Woodbury, NJ 08096
USA
August 12, 2002

Dear Ben,

After being away for six weeks I returned home yesterday to find your letter waiting for me. I hope you don't think I ignored your letter. I would never do that but I am sure you have been waiting a reply for a long time. So, at long last here it is.

I enjoyed my many weeks in Thailand. We visited many interesting places and saw amazing sights which were so different from my life in the United States. I think that is the one thing that makes Thailand so intriguing, its difference from anything in my country. I love Buddhist temples because of their bright colors and the philosophy they convey (sorry if I use some big words, maybe a dictionary would be helpful - more homework). I am fascinated by so many different aspects of your history and culture. I particularly enjoy the "wai" used in introductions and something I have already missed.

I visited Bangkok for 5 days last year and wanted to return and learn much more about your country. I felt unfulfilled and a large part of that was due to the fact that I was unable to make any personal contact to keep me in touch with people and the culture of Thailand. I am happy to report that has all changed now and I look forward to a long and productive letter writing campaign between the two of us. I am sure, as I reflect on my trip, I will have questions that will need to be answered. You should feel free to ask me about anything that comes to your mind concerning my country. Please don't worry about offending me with any questions. I will take each one as an inquiry into my culture and holidays.

School begins for us the first Tuesday after the first Monday in September (the first Monday of the month is Labor Day, a day when workers take the day off to enjoy the summer before it is over. Labor Day is the unofficial end of summer in our country when the beach resorts and other summer places close for the year.)

The next holiday we celebrate is October 12th, Columbus Day. You may know that Christopher Columbus (an Italian who worked for Spain) discovered the "New World" on October 12, 1492 A. D. It is always a pleasant holiday since we are all looking forward to a break early in the year. The weather is usually nice and the season of fall will be approaching which means the temperature will chill and in a few weeks the leaves will change colors and begin to fall to the ground (that is why we call that season before winter, fall). I don't suspect you have a fall in your country, do you.

Well, this is my first letter back to you. I hope you enjoyed it and I will look forward to more conversations through the mail. I have to tell you that later this month a Russian friend of mine will be paying me a visit. I started writing to her when she was only 12 years old. She is now 22 and this will be the second time she has visited with me. When we first started to write we both knew it would be an interesting experience but we would never meet, she being in Russia and me in America. We were wrong. So, you never know when you and I will meet again but I think it will have to be when you come to America. You know you have a place to stay when you come to New Jersey.

Thank you so much for your letter. I will keep my out on the mail box waiting for your next letter. No rush, I suspect school will be starting again for you and you will have many things to do. I will be here waiting.

I send you my best wishes for a new school year!

Your friend in America,
Tracey

56 Lyman Ave.
Woodbury, NJ 08096
USA
August 15, 2002

Dear Za,

I told you I would not forget and that I would write, so here is my first of what I hope will be many letters. I hope you received the post card I sent to you of New York City while visiting Hanoi in late July.

I have thought about you often and looked at the pictures I took of you, your friend So (?), and me. I found the most interesting part of my six week trip to Thailand and Vietnam was meeting you. Seeing things and going places is nice but as a teacher I think the best thing is to make personal contacts and continue with them. I hope it will be the case.

My trip to Sa Pa was so short and yet it is filled with many memories of you, our time touring, shopping, and have a bit to eat at the local Italian Restaurant. My wife liked all the bracelets you helped me pick out. I hope you have gotten some pleasure from the pink pocketbook I bought for you during our time together.

I am not sure how long it will take for you to get this letter but I can be patient hoping you will find some good soul who will read it to you and then help you write a letter back to me. I have enclosed a self-addressed stamped envelope so there will be no expense to you. If I hear from you in the future I will send some money along from time to time just to help you out. I am not rich, I am only a teacher, but I treasure the relationship we established and want it to continue. I would like to know about your family, your life and what it is like growing up in your part of the world.

I am so impressed by your ability to learn English. I guess that is a very good survival skill. I have been proud to show your picture to my friends and they ask me about what you do for a living. I was never really sure of the answer. Do you, like So, do some guide work and make money from tourists? I know you said you do some weaving but that can't be enough money to survive and you are away from home on your own.

I have the bag you gave me as I left your room as a gesture of friendship. It means a lot to me and I treasure it as much as I do the memories of the short time together. I have enclosed two pictures of our meeting. Please have someone write me a note. I would love to hear from you. I send you my very best wishes from another part of the world, very far away in America.

Your friend,

Tracey Fallon

Tel: (856) 848-9490 E-mail: TFALLON758@AOL.COM